







Rhodes SCHOOL DISTRICT

January 2018

Breakfast Menu

MONDAY 1 st	TUESDAY 2 nd	WEDNESDAY 3 rd	THURSDAY 4 th	FRIDAY 5 th
	<p>Winter Break</p>	<p>Winter Break</p>	<p>Winter Break</p>	<p>Winter Break</p>
<p>8th</p> <p>1 oz. W/G Cereal 1 oz. Mozzarella String Cheese 1/2C Pineapple Chunks 1/2C Apple Juice 1 C Milk</p>	<p>9th</p> <p>1.75 oz. W/G Pop Tart 1/2C Fruit Cocktail 1/2C Grape Juice 1 C Milk</p>	<p>10th</p> <p>2 oz. W/G Muffin 1/2C Fruit Yogurt 1/2C Grapes 1/2C Fruit Punch 1 C Milk</p>	<p>11th</p> <p>1 oz. W/G Cereal 1 oz. W/G Bear Grahams 1/2C Cran Raisins 1/2C Orange Juice 1 C Milk</p>	<p>12th</p> <p>2 oz. W/G Bagel / Cream Cheese 1/2C Pear Cup 1/2C Cherry/Apple Juice 1 C Milk</p>
<p>15th</p> <p>School Holiday</p> 	<p>16th</p> <p>2 oz. W/G Muffin 1/2C Fresh Apple 1/2C Fruit Punch 1 C Milk</p> 	<p>17th</p> <p>2 oz. W/G Bagel / LF Cream Cheese 1/2C Mandarin Oranges 1/2C Apple Juice 1 C Milk</p>	<p>18th</p> <p>1 oz. W/G Animal Crackers 1/2C Fruit Yogurt 1/2C Fresh Pear 1/2C Orange Juice 1 C Milk</p>	<p>19th</p> <p>1 oz. W/G Cereal 1 oz. W/G Bear Graham 1/2C Fresh Orange 1/2C Grape Juice 1 C Milk</p>
<p>22nd</p> <p>1 oz. W/G Cereal 1 oz. Mozzarella String Cheese 1/2C Peach Cup 1/2C Grape Juice 1 C Milk</p>	<p>23rd</p> <p>2 oz. W/G Muffin 1 oz. Mozzarella String Cheese 1/2C Fresh Melon 1/2C Orange Juice 1 C Milk</p>	<p>24th</p> <p>2 oz. W/G Bagel / Cream Cheese Packet 1 oz. W/G Bear Graham 1/2C Banana 1/2C Apple Juice 1 C Milk</p> 	<p>25th</p> <p>1.75 oz. WG Pop Tart 1 oz. W/Grain Animal Crackers 1/2C Mandarin Oranges 1/2C Cherry Apple Juice 1 C Milk</p>	<p>26th</p> <p>2 oz. W/G Muffin 1/2C Fresh Apple 1/2C Pineapple Juice 1 C Milk</p> 
<p>29th</p> <p>1 oz. WG Cereal 1 oz. W/G Grahams 1/2C Fresh Orange 1/2C Grape Juice 1 C Milk</p>	<p>30th</p> <p>2 oz. W/G Muffin 1/2C Fresh Apple 1/2C Orange Juice 1 C Milk</p> 	<p>31st</p> <p>1 oz. W/G Cereal Bar 1/2C Cran Raisins 1/2C Pineapple Juice 1 C Milk</p>		