



## Rhodes School

March 2018

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <sup>st</sup> <b>W/G Pizza Dippers</b> 2 oz. meat / 2 grain Spinach Salad / LF Drsg. 1 cup Marinara Sauce $\frac{1}{4}$ cup Mandarin Oranges $\frac{1}{2}$ cup Milk 1 cup	2 <sup>nd</sup> <b>W/G Cheese Pizza</b> 2 oz. cheese / 2 bread French Fries $\frac{1}{2}$ cup Baby Carrots $\frac{1}{4}$ cup Apple $\frac{1}{2}$ cup Milk 1 cup
5 <sup>th</sup> <b>WG Waffle</b> 2 bread Br. Turkey Sausage 2 oz. meat Hash brown Potato $\frac{1}{4}$ cup Vegetable Juice $\frac{1}{2}$ cup Mandarin Oranges $\frac{1}{2}$ cup Milk 1 cup	6 <sup>th</sup> <b>Hot Dog / W/G Bun</b> 2 oz. meat / 2 bread French Fries $\frac{1}{2}$ cup Cherry Tomatoes $\frac{1}{4}$ cup Catsup / Mustard 1 each Pear Cup $\frac{1}{2}$ cup Milk 1 cup	7 <sup>th</sup> <b>W/G Spaghetti / Meatballs</b> 2 oz. meat / 2 grain Cucumbers 1/2 cup Marinara Sauce $\frac{1}{4}$ cup Mandarin Oranges $\frac{1}{2}$ cup Milk 1 cup	8 <sup>th</sup> <b>Cheeseburger / W/G Bun</b> 2 oz. meat / 2 bread Vegetarian Beans $\frac{1}{2}$ cup Tomatoes $\frac{1}{4}$ c / Pickles $\frac{1}{4}$ c Tropical Fruit $\frac{1}{2}$ cup Milk 1 cup	9 <sup>th</sup> <b>W/G Cheese Pizza</b> 2 oz. cheese / 2 bread Spinach Salad 1 cup Baby Carrots $\frac{1}{4}$ cup W/G Dinner Roll 1 each Pineapple Chunks $\frac{1}{2}$ cup Milk 1 cup
12 <sup>th</sup> <b>WG Popcorn Chicken</b> 2 oz meat / 1 bread Potato Wedges $\frac{1}{2}$ cup Baby Carrots $\frac{1}{4}$ cup W/G Dinner Roll 1 each Fruit Mix $\frac{1}{2}$ cup Milk 1 cup	13 <sup>th</sup> <b>Rotisserie Chicken Leg</b> 2 oz. Meat W/G Rice $\frac{1}{2}$ cup Cucumbers $\frac{1}{2}$ cup Celery Sticks $\frac{1}{4}$ cup Banana $\frac{1}{2}$ cup Milk 1 cup	14 <sup>th</sup> <b>W/G Breaded Cheese Sticks</b> 2 oz. cheese / 2 bread Spinach Salad 1 cup Marinara Sauce $\frac{1}{2}$ cup Apple $\frac{1}{2}$ cup Milk 1 cup	15 <sup>th</sup> <b>WG French Toast</b> 2 bread Br. Turkey Sausage 2 oz. meat Hash brown Potato $\frac{1}{4}$ cup Vegetable Juice $\frac{1}{2}$ cup Mandarin Oranges $\frac{1}{2}$ cup Milk 1 cup	16 <sup>th</sup> <b>W/G Cheese Pizza</b> 2 oz. cheese / 2 bread Three Bean Salad $\frac{1}{2}$ cup French Fries $\frac{1}{4}$ cup Diced Peaches $\frac{1}{2}$ cup Milk 1 cup 
19 <sup>th</sup> <b>Br. Chicken Patty / WG Bun</b> 2 oz. meat / 2 bread Broccoli / Cheese Sauce $\frac{1}{2}$ cup Baby Carrots $\frac{1}{4}$ cup Orange $\frac{1}{2}$ cup Milk 1 cup	20 <sup>th</sup> <b>W/G Grilled Cheese</b> 2 oz. cheese / 2 bread Vegetarian Baked Beans $\frac{1}{2}$ cup Sliced Tomatoes $\frac{1}{4}$ cup Apple $\frac{1}{2}$ cup Milk 1 cup	21 <sup>st</sup> <b>WG Corn Dog</b> 2 oz. meat / 2 bread Vegetable Juice $\frac{1}{2}$ cup Cucumbers $\frac{1}{4}$ cup Banana $\frac{1}{2}$ cup Milk 1 cup	22 <sup>nd</sup> <b>Chicken Shoestrings</b> 2 oz. meat French Fries $\frac{1}{2}$ cup Red Peppers $\frac{1}{4}$ cup WG Dinner Roll 1 bread Apple $\frac{1}{2}$ cup Milk 1 cup	23 <sup>rd</sup> <b>W/G Cheese Pizza</b> 2 oz. cheese / 2 bread Celery Sticks / LF Dressing $\frac{1}{2}$ cup Baby Carrots $\frac{1}{4}$ cup Fruit Cocktail $\frac{1}{2}$ cup Milk 1 cup
26 <sup>th</sup> <i>SPRING BREAK</i>	27 <sup>th</sup> <i>SPRING BREAK</i>	28 <sup>th</sup> <i>SPRING BREAK</i>	29 <sup>th</sup> <i>SPRING BREAK</i>	30 <sup>th</sup>  <i>SPRING BREAK</i>